



2 minute drill

for coaches



monthly tips from Positive Coaching Alliance

Nip Problems in the Bud

Sometimes the best prevention fails and you need to intervene. The earlier you respond to bad sideline behavior, the less likely it will get out of control. Here are some guidelines for intervening:

- Be firm but stay calm
- Respect other people's personal space
 - Stay at least an arm's length away and avoid a threatening manner.
- Empathize
 - "I know it's not easy to remain silent when the official makes a call like that but it's important that we're good role models."
- Invoke a higher standard
 - "Remember, we all agreed to Honor the Game, even when there is a bad call. I need you to do that right now."

adapted from *The Power of Double-Goal Coaching* by Jim Thompson



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